

**PINK  
SHIRT  
DAY**

JOIN THE MOVEMENT:  
[WWW.PINKSHIRTDAY.ORG.NZ](http://WWW.PINKSHIRTDAY.ORG.NZ)  
#PINKSHIRTDAYNZ



**TEAR ONE OFF**

# **GIVE A FREE COMPLIMENT**

**SHARE SOME AROHA**

**HE TANGATA KAHA KOE – YOU ARE STRONG**

**HE KOI Ō TARINGA – YOU'RE A GREAT LISTENER**

**MŌ TE WHAKARO NUI, KO KOE TĒNA – YOU'RE VERY THOUGHTFUL**

**ME HE NGĀKAU MĀIA KO KOE – YOU'RE VERY BRAVE**

**HE TINO HOA KOE – YOU'RE A GREAT FRIEND**

**HE NGĀKAU ATAWHAI TŌU 🍷 YOU HAVE A KIND HEART**

**AUTAIA ANA, E HOA – YOU'RE EXTRAORDINARY**

**KO KOE TONU A RUNGA – YOU'RE AMAZING**

**KA WANI KĒ – YOU'RE NEAT ALRIGHT**

**TAU KĒ TĀU MAHI – YOU'RE DOING GREAT WORK**